

A healthy gut microbiome is the foundation of overall well-being and health



The intestine is the primary immune organ

About 70-80% of the body's immune cells are located in the intestines, forming the first line of defense against infections.



Barrier function of the intestines

Epithelial cells and the intestinal mucosa prevent pathogens and toxins from entering the bloodstream.



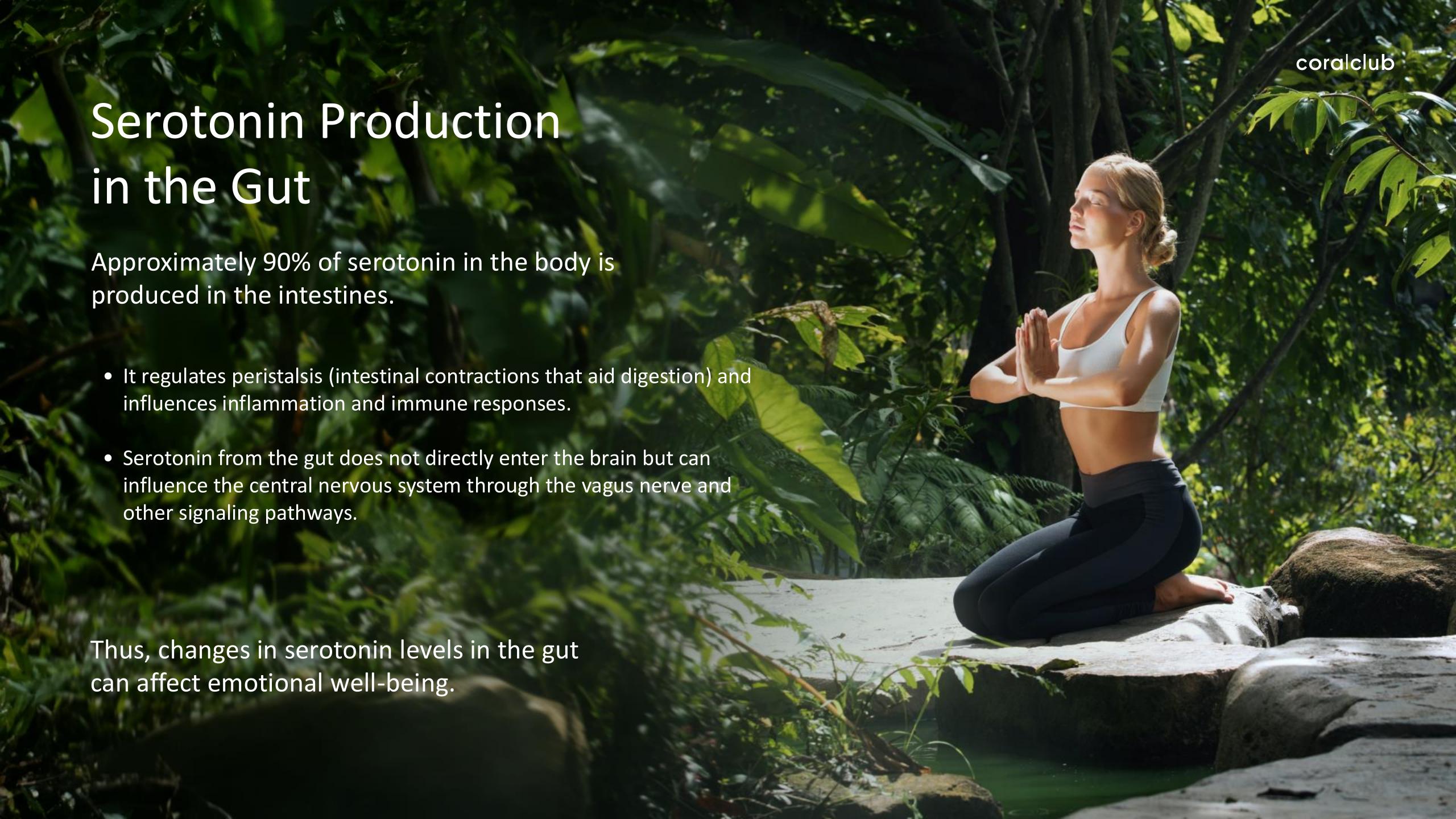
Gut microbiota and immunity

The gut microbiota trains the immune system to recognize pathogens and maintain balance, preventing autoimmune diseases.



Key role in nutrient absorption

Helps break down complex carbohydrates and fiber, which the human body cannot digest on its own.



What We Know about the Gut Microbiome

Highly diverse, containing approximately

~ 100 trillion bacteria

Comparable in weight to the brain, weighing between

1.2 to 1.4 kg



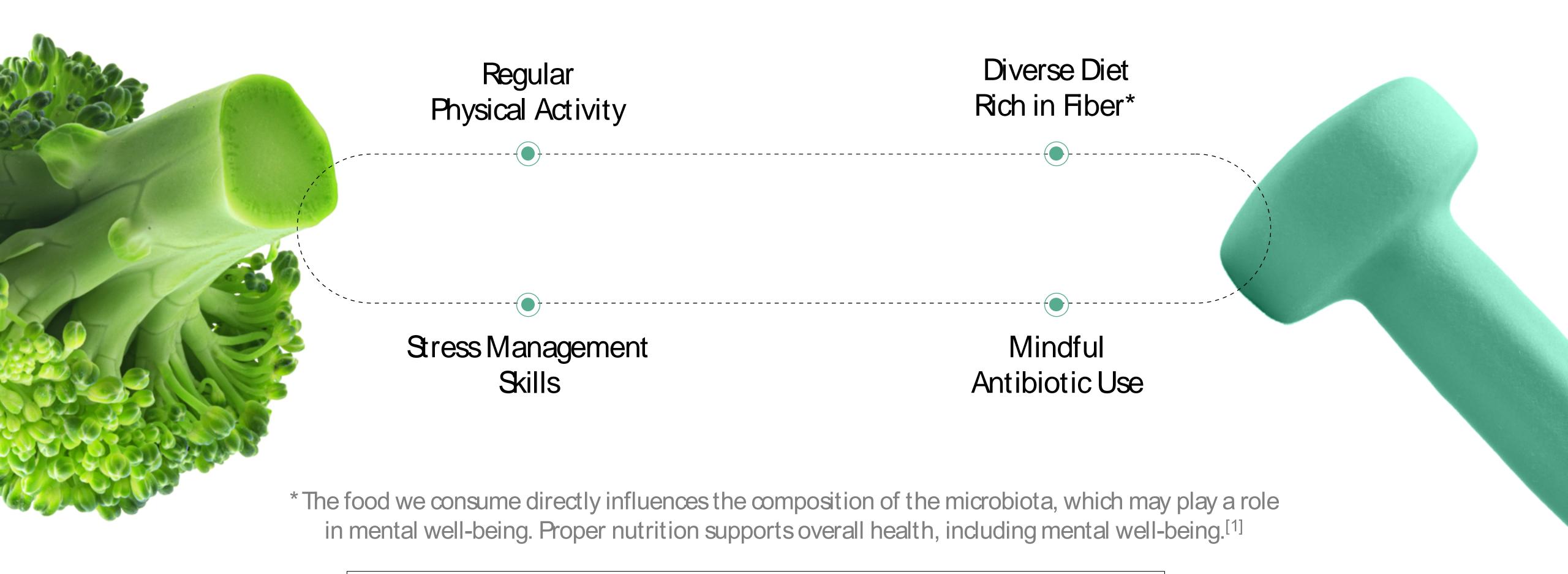
Found to play an important role in long-living individuals, as it may influence inflammation and support immune system function



Unique to each person, much like a fingerprint—no two microbiomes are identical



Building a Balanced Microbiome Through Lifestyle Choices



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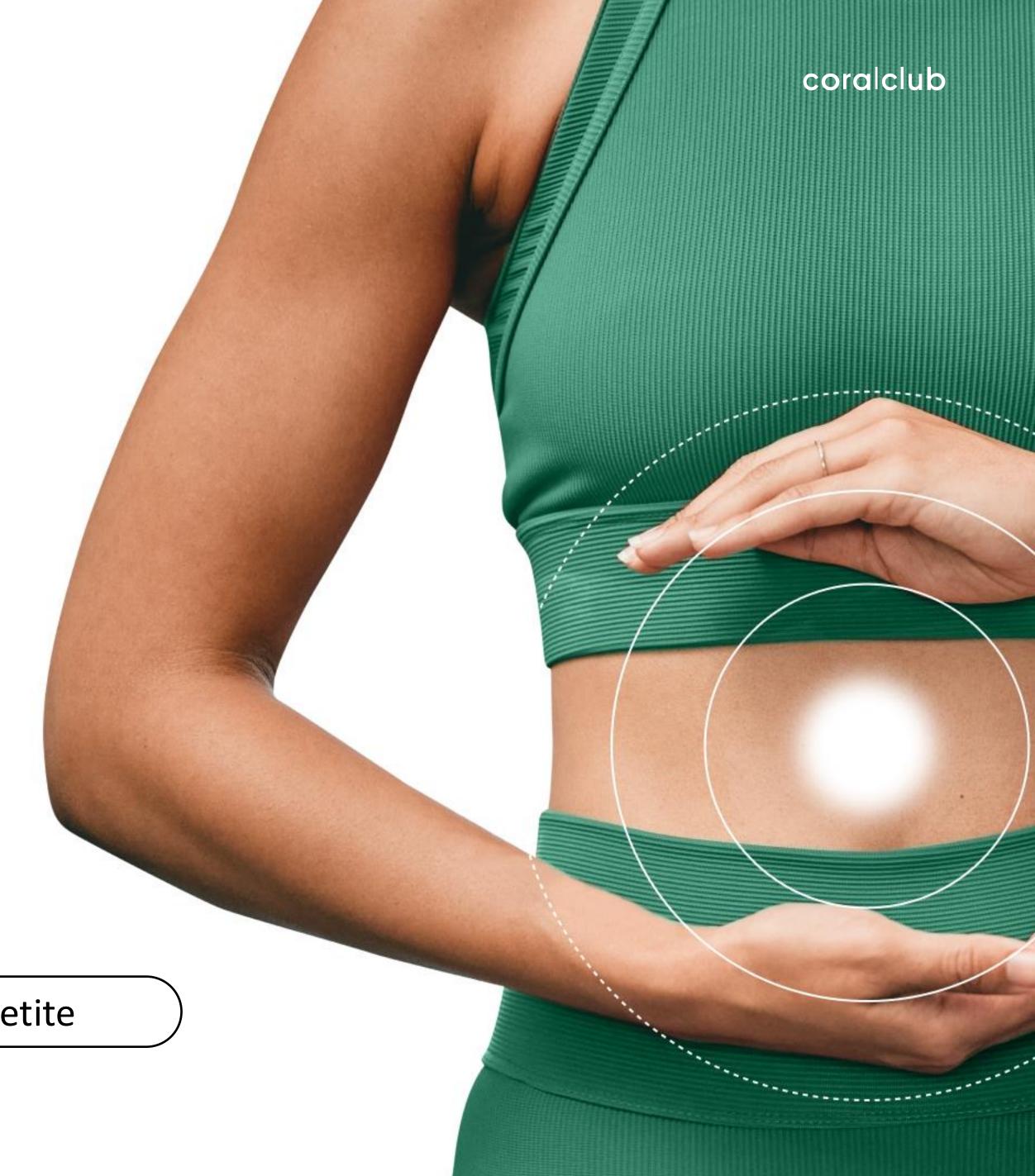
When we take regular care of ourselves, our microbiome remains in harmony

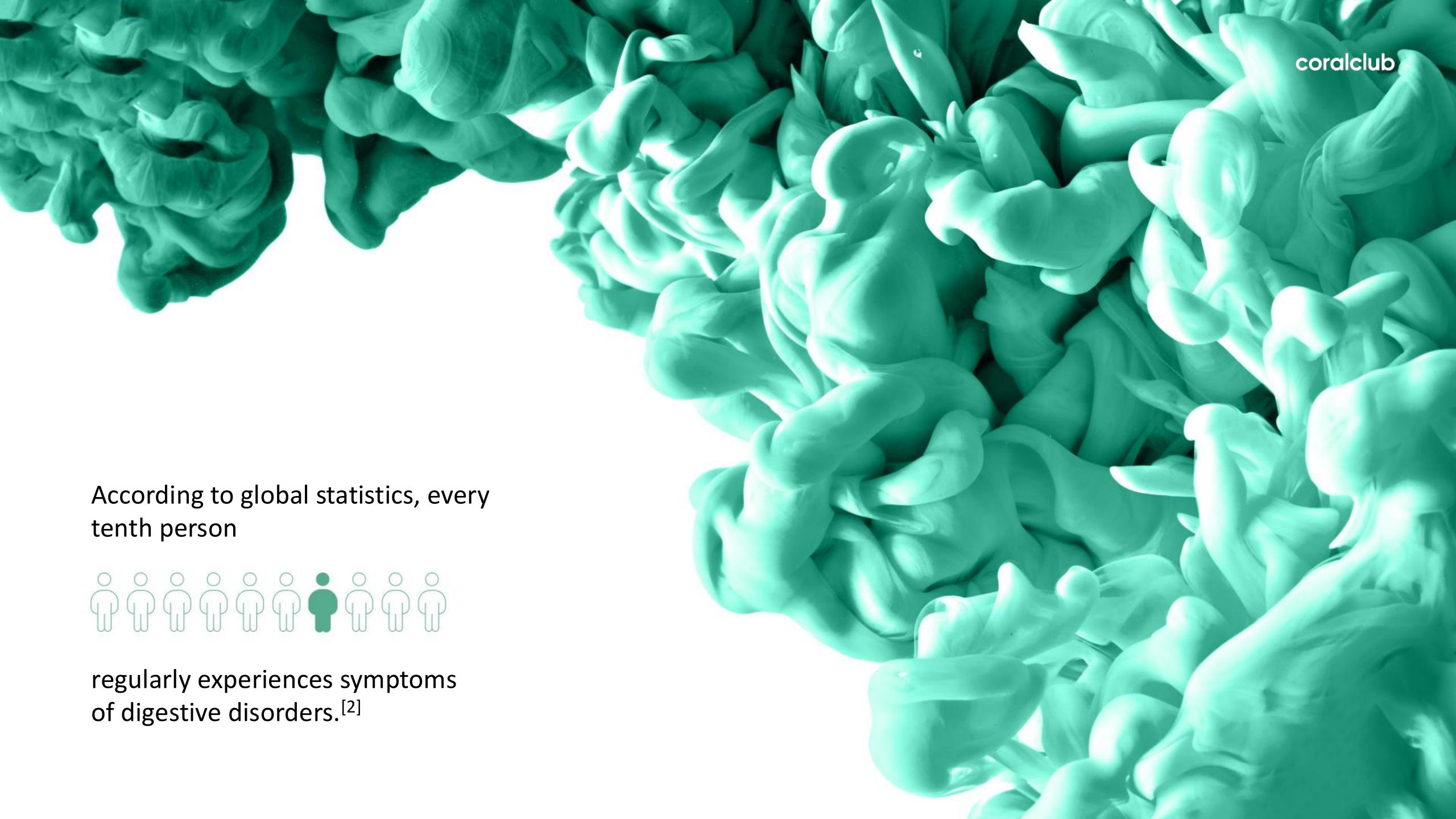
A sudden lifestyle change can cause digestive disorders such as:

Diarrhea Flatulence Nausea

Unpleasant Taste in the Mouth Burping

Stomach Pain Bloating Loss of Appetite







Probiotic + Prebiotic* = Synbiotic

4



types of bacteria

A probiotic blend with dinically studied strains that support gut health and microbiome balance.†

12



billion CFU* * 4-layer technology to ensure delivery and protection of microorganisms.†



^{**} CFU (Colony-Forming Unit) — a measure representing the number of microorganisms in a sample that are capable of reproducing and forming visible colonies.



Quattrobiotic Formula

Contains 4 Types of Bacteria

Lactobacillus johnsonii*

Lactobacillus plantarum*



Bifidobacterium lactis*

Lactobacillus rhamnosus

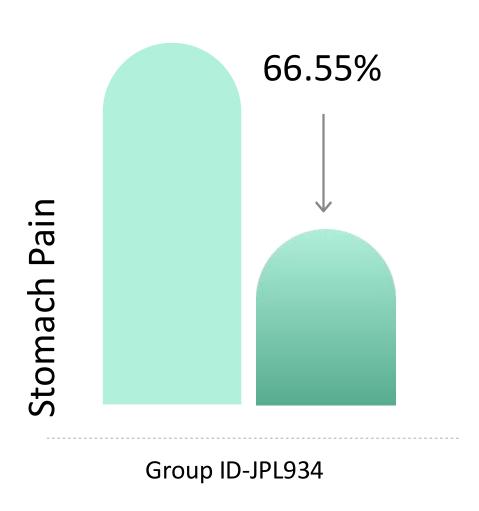
12 billion CFU per capsule

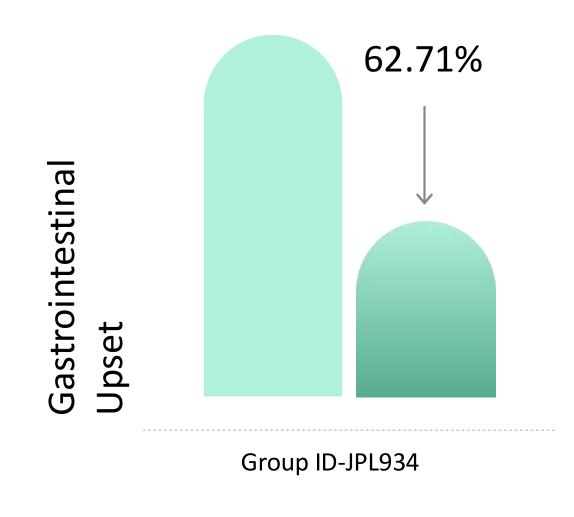
*Patent-Protected Probiotic Blend: JPL934™

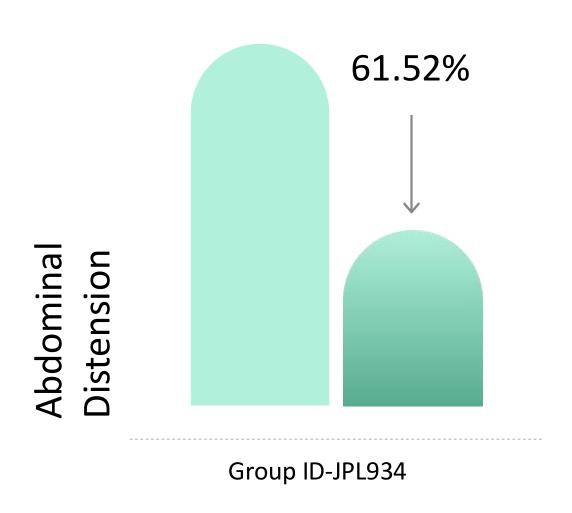
Patented Probiotic Mixture JPL934™

The efficacy of the patented probiotic mixture JPL934TM is clinically proven

• In a double-blind, placebo-controlled clinical study, the group taking the JPL934™ mixture significantly reduced bowel symptoms after 8 weeks of intake[3].







- Values represent participants' average subjective ratings on a 10-point scale at weeks 0 and 8 of the study. Percentages shown represent a reduction in symptom severity from baseline.
- In an in vivo study on mice, the mixture demonstrated anti-inflammatory activity and also helped reduce symptoms of colitis^[4] colitis^[4]

Study on Lactobacillus rhamnosus & Bifidobacterium animalis strains

Supports respiratory health [5] ‡†

A randomized, double-blind, placebo-controlled study involved 198 participants aged 18-25. Over 12 weeks, one group took the tested bacterial blend in the form of 5 g of powder, containing 1 billion CFU of each bacterial strain, while the other group received a placebo^[5]‡†

Findings:

The duration of upper respiratory tract infections was reduced by

33%

The severity of upper respiratory tract infections was reduced by

34% #

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‡This study evaluates specific probiotic strains, Lactobacillus rhamnosus LGG® and Bifidobacterium animalis ssp lactic BB-12®, that are not included in Quattrobiotic. Results may not directly apply to this product.

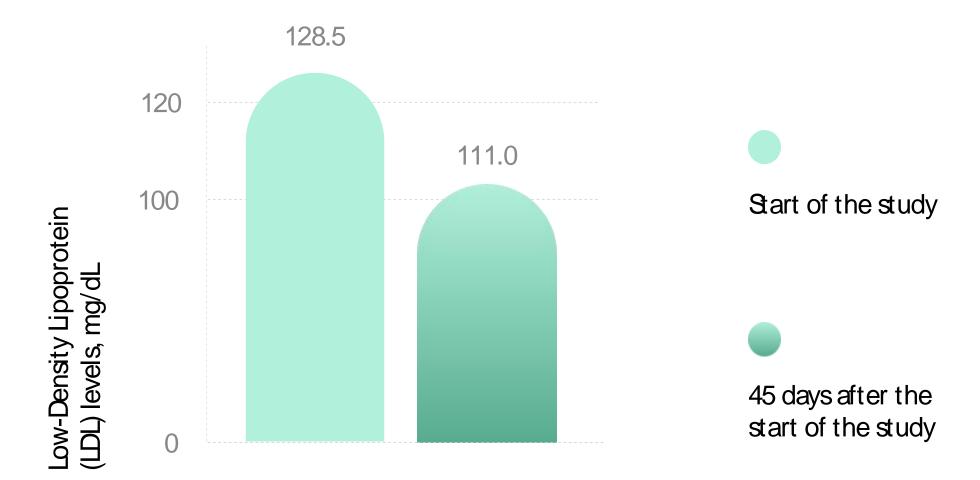
Study Findings on Lactobacillus plantarum and Bifidobacterium lactis Strains

Studies on these strains show the potential to help reduce LDL "bad" cholesterol levels in the blood, lowering the risk of cardiovascular disease. ‡†

Research on L. plantarum and B. lactis strains has shown potential benefits for heart health †

Bifidobacterium lactis

A randomized, blinded, placebo-controlled study involving 51 participants participants diagnosed with metabolic syndrome, aged 18-60 years. [6] ‡



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Lactobacillus plantarum

A randomized, placebo-controlled study involving 49 participants with varying degrees of hypercholesterolemia, aged 30-65 years^[7] ‡



‡ The specific strains evaluated in these studies were Lactobacillus plantarum ECGC 13110402 and Bifidobacterium lactis HN019, which differ in strain numbers from the strains used in Quattrobiotic. Results may not directly apply to this product.

Triple Action of *Lactobacillus rhamnosus*



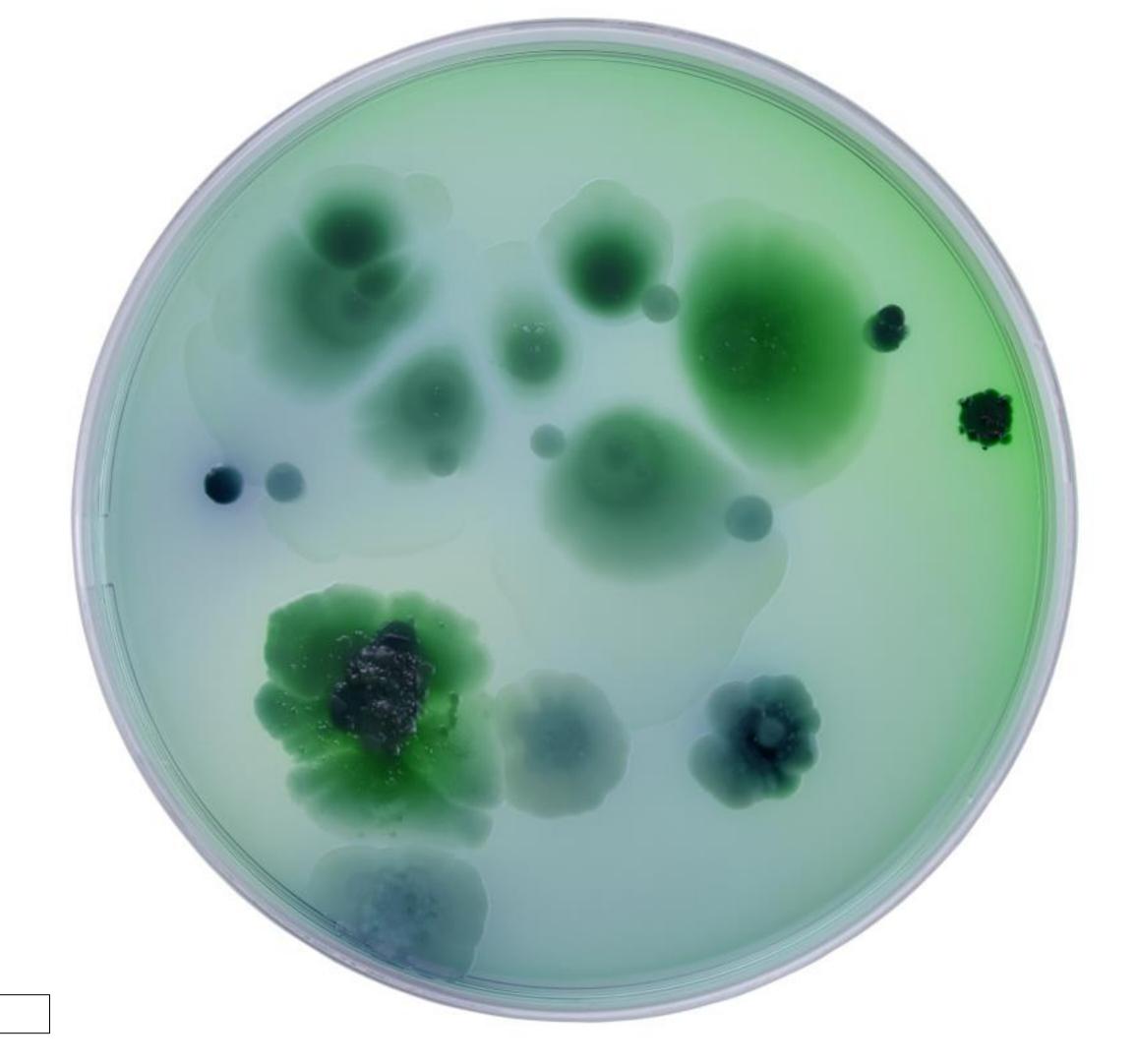
Promotes Intestinal Health†
Supports the renewal of intestinal tissue and helps restore gut function.



Balances Inflammatory Response*†
Supports a healthy inflammatory response,
enhances immune function, and supports
the body's natural defenses. [8]



Protects the Gut†
Creates a shield in the gut by enhancing
the mucosal layer to protect against harmful microbes.



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*Based on a referenced study(8)

Advanced 4-Layer Probiotic Delivery Technology



This advanced 4-layer technology is designed to safeguard probiotics from stomach acid, maximizing their survival and enhancing their delivery to the intestines for optimal effectiveness.

Probiotics with 4-Layer Coating Have Significantly Higher Survival Rates* †



In the stomach

L. rhamnosus > 2.11x higher survival*†

B. lactis > 2.56 x higher survival*†



In the small intestine

L. rhamnosus > 5.19 x higher survival*†

B. lactis > 6.54 x higher survival*†



In the large intestine

L. rhamnosus > 10.97 higher survival*†

B. lactis > 14.97 higher survival*†

^{*} According to the internal study conducted by the manufacturing company. company. Results may vary.

4-Layer Coating

Designed to:





Protection from external factors



Stability in the body's internal environment



Targeted delivery of active ingredients



Easy storage and portability

Also included in Quattrobiotic Formula

Prebiotic: Chicory Root Inulin

A polysaccharide widely found in nature. Many plants, such as chicory, dandelion, and Jerusalem artichoke, store it as an energy reserve. It is widely used in the food industry to enhance flavor and texture.

The human body lacks the enzymes to digest inulin, yet it serves as nutrition for gut microbiota. Inulin helps:



Helps support healthy glucose levels and cholesterol balance^[10] * †



May help reduce cravings for sweet and salty foods when used beneficial bacteria in the gut[9,10] *+ as part of a balanced diet [9,10] *+



May help increase the population of

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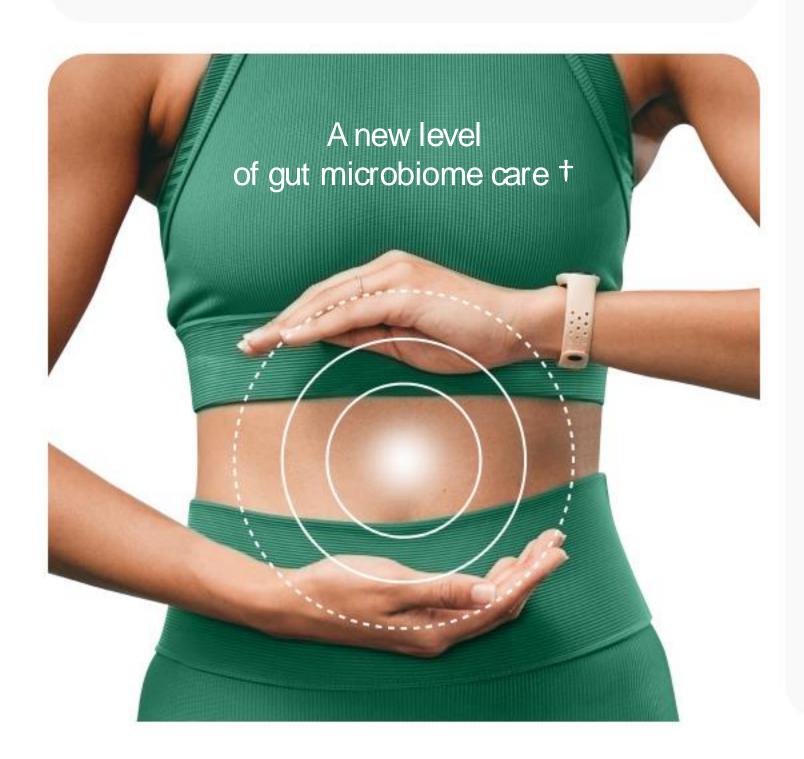


High concentration

12 billion ŒU

per capsule



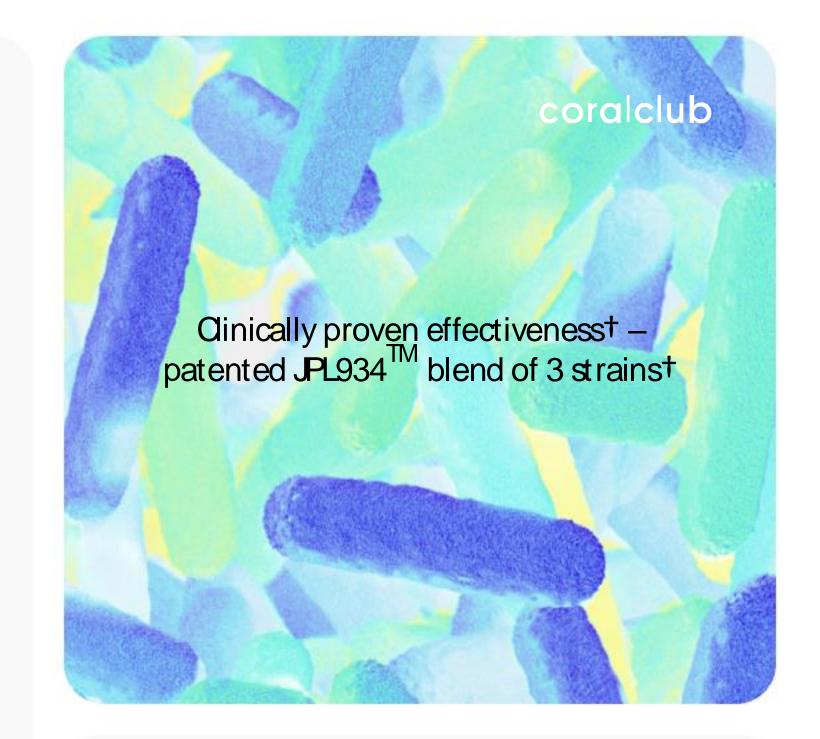


Quattrobiotic Formula

4 levels of intestinal protection[†]



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4-layer coating – an innovative probiotic delivery technology



Sources

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- 3. Shin C. M. et al. Validity and safety of ID-JPL934 in lower gastrointestinal symptom improvement //Scientific reports. 2021. T. 11. No. 1. C. 13046. [SEP]
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- 6. Costabile A. et al. An in vivo assessment of the cholesterol-lowering efficacy of Lactobacillus plantarum ECGC 13110402 in normal to 13110402 in normal to mildly hypercholesterolaemic adults //PloS one. − 2017. − T. 12. − №. 12. − C. e0187964.

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